

# Flight Planning Exercise

# Steps for a great flight

- ▶ Set up your route
- ▶ Review altitudes, airspace
- ▶ Prepare navigation log
- ▶ Weather Brief
- ▶ NOTAMs

### Flight Plan

Aircraft **308VA** ✈ Spd **108** Alt **030** Fuel **16.0**  
 Departure **KRJD** Gooden Airpark  
 Destination **KRJD** Gooden Airpark  
 ETD Zulu **1600** **03/25** Local **1200** **03/25**  
 Dist: **176.4** ETE: **1:41** Burn: **9.4** Routes **→**  
**→ N57 → 38N → MIV → KWWD →**



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**N57**

Wilmington

**38N**

**KMIV**

Dover

**KRJD**

**KWWD**

CAUTION:  
HIGH-SPEED AND TRANSPORT  
CATEGORY AIRCRAFT OPERATING  
WITHIN 25 NM OF DOVER AIR  
PORT



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# Items to gather

- ▶ True heading
- ▶ Leg distances
- ▶ Magnetic variation
- ▶ Wind speed and direction
- ▶ Communications frequencies
- ▶ AWOS/ATIS frequencies
- ▶ Runway length(s)
- ▶ Services (especially fuel)

# Flight Plan



Aircraft  Spd  Alt  Fuel

ETD Zulu   Local

Dist:  ETE:  Burn:  Routes

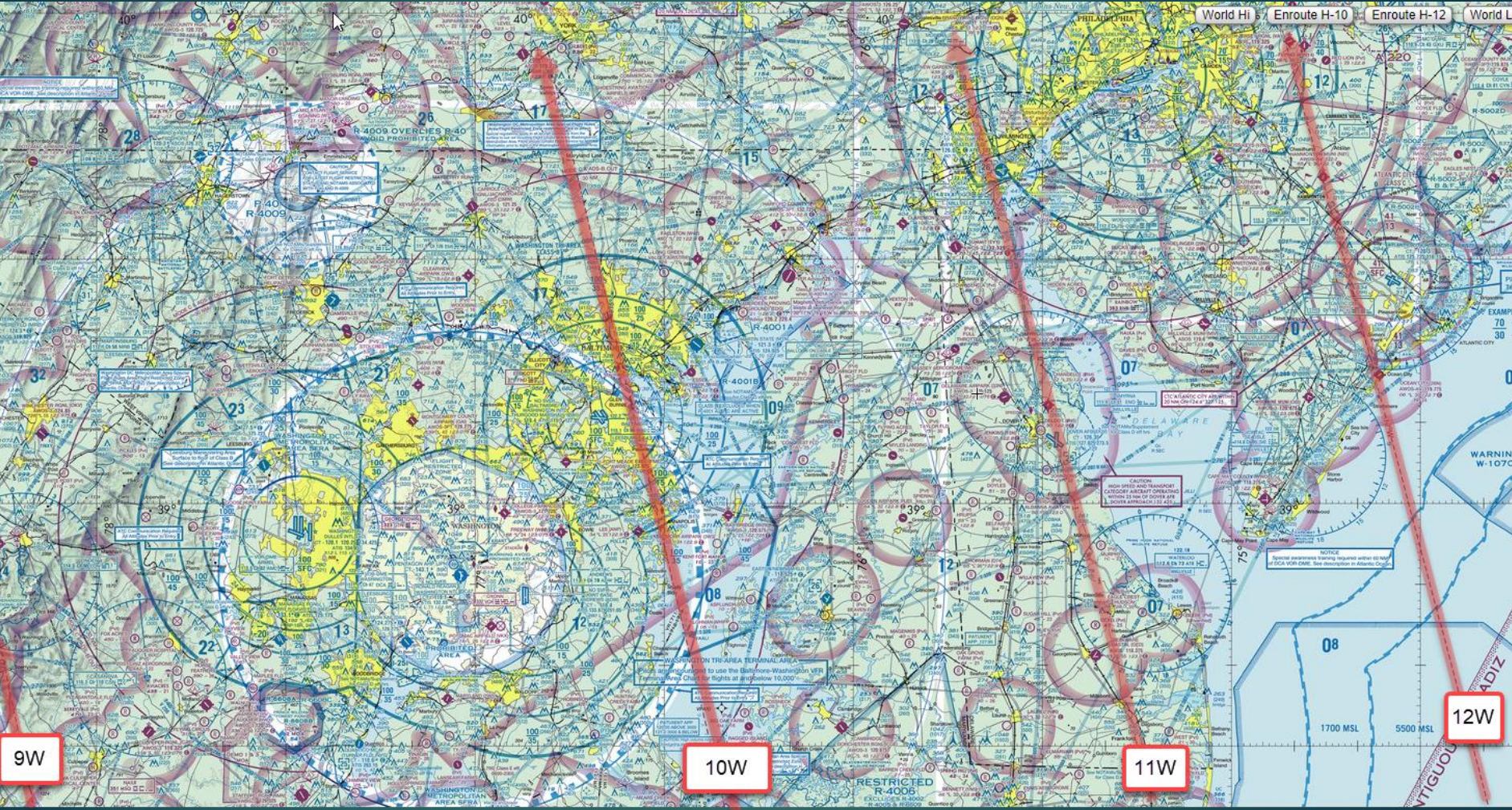
KRJD → N57 → 38N → MIV → KWWD → KRJD

KRJD	<a href="#">Gooden Airpark</a>				
	016° (005°T)	DCT	51.8nm	26.6min	2.2
N57	<a href="#">New Garden</a>				
	176° (165°T)	DCT	32.7nm	19.9min	1.7
38N	<a href="#">Smyrna</a>				
	092° (081°T)	DCT	24.1nm	12.3min	1.0
MIV	<a href="#">Millville Municipal</a>				
	172° (160°T)	DCT	22.9nm	13.8min	1.1
KWWD	<a href="#">Cape May County</a>				
	279° (267°T)	DCT	44.9nm	28.2min	2.4
KRJD	<a href="#">Gooden Airpark</a>				



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9W

10W

11W

12W



**N57**

## **New Garden Airport**

Toughkenamon, Pennsylvania, USA

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### **FAA INFORMATION EFFECTIVE 19 FEBRUARY 2026**

#### **Location**

<https://www.airnav.com/airport/>

FAA Identifier: N57

Elevation: 435.2 ft. / 132.6 m (surveyed)

Variation: 09W (1965)

#### **Airport Communications**

CTAF/UNICOM: 123.05

#### **Airport Services**

Fuel available: 100LL

#### **Runway Information**

##### **Runway 6/24**

Dimensions: 3693 x 60 ft. / 1126 x 18 m

Surface: asphalt, in excellent condition

TURF SFC SOUTH OF RWY FOR GLIDER RECOVERY ONLY.

# Items to gather

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# Wind/temps

Airport Center:  Forecast (hrs):  Levels:  [Raw data](#)

(Extracted from FBUS35 KWNO 161401)  
FD5US5  
DATA BASED ON 161200Z

VALID 171200Z FOR USE 0600-1800Z. TEMPS NEG ABV 24000

FT	3000	6000	9000	12000	18000	24000	30000	34000	39000
BDL	2630	2642-10	2279-07	2193-08	7124-15	7139-25	714342	704652	713563
BGR	2255	2296+05	7111+02	7115-03	7114-14	7016-25	712242	712953	714665
CAR	1969	2188+06	7108+02	7111-04	7119-14	7120-25	712142	712752	714365
PWM	2546	2283+01	7121+01	7119-03	7117-14	7124-25	713041	703652	714165
EMI	2929	3039-13	2730-16	2457-19	7216-16	7231-28	724444	723853	720553
ACK	2448	2088+08	2193+03	2192-02	2297-14	7102-25	710741	711152	712065
BOS	2534	2372+00	7006+01	7112-05	7120-14	7124-25	712741	703451	713664
BMI	2532	2350-08	2287-05	7118-04	7127-15	7138-26	714842	705252	705465
ACY	2832	2638-09	2360-09	2386-08	7223-14	7233-26	713642	713553	722962
ALB	2632	2748-18	2359-13	2278-15	7230-15	7144-27	715843	715753	712252
BUF	2640	2853-22	2761-22	2654-23	2447-29	2361-40	219442	228744	227645
JFK	2832	2645-09	2266-08	2283-09	7223-14	7236-26	713942	713953	713262
PLB	2437	2446-18	2267-12	2275-15	7235-17	7152-28	706344	705952	710750
SYR	2639	2842-23	2763-19	2457-20	2384-28	7251-30	713944	712446	229147
CLE	2825	2834-19	2740-25	2736-27	2637-37	2443-43	244840	234641	244943
CMH	2721	2827-18	2632-23	2732-27	2539-37	2453-41	245840	245341	245244
CVG	2818	2825-19	2732-21	2734-27	2739-36	2647-40	265140	265242	274843
AGC	2625	2839-18	2841-22	2645-27	2462-33	7213-34	720942	229145	238046
AVP	2830	2950-17	2641-16	2362-18	7227-16	7241-27	714944	714353	721152
PSB		2951-18	2749-19	2446-22	2290-27	7238-31	723745	721548	229547
ORF	3121	2628-06	2454-07	2396-03	7214-13	7218-25	721642	711853	721664
RIC	3022	3022-10	2542-13	2473-11	7208-16	7225-26	723242	723353	722158

Aircraft	308RV	Blue: User Entry										Starting Fuel:	
		Green: Calculated										Gals/hr	
Frequency	Waypoint	Wind Direction	Wind Speed	Air Speed	True Crs WCA	True Hdg Var	Mag Hdg	Gd Spd (kt)	Distance (nm)	Est Time Leg (0.0 hrs)	Act Time Leg	Est fuel used	
										Est Time Remain	Act Time Remain	Est fuel remain	
	KRJD	>	280°	32	005°				52				
	N57	>	280°	32	165°	011°			33				
	38N	>	280°	32	081°	011°			24				
	KMIV	>	280°	32	160°	012°			23				
	KWWD	>	280°	32	267°	012°			45				
	KRJD					011°							
									Total Distance				
									Total Time				

- ▶ Three more variables and we can calculate everything else in the table
  - ▶ Aircraft airspeed
  - ▶ Fuel on board
  - ▶ Fuel burn (gallons/hour)

Aircraft		Blue: User Entry										Starting Fuel:	
308RV		Green: Calculated										Gals/hr	
Frequency Runway(s)	Waypoint	Wind Direction	Wind Speed	Air Speed	True Crs	True Hdg	Mag Hdg	Gd Spd (kt)	Distance (nm)	Est Time Leg (0.0 hrs)	Act Time Leg	Est fuel used	
					WCA	Var				Est Time Remain	Act Time Remain	Est fuel remain	
	KRJD												
	>	280°	32	108	005°			52					
	N57					011°							
	>	280°	32	108	165°			33					
	38N					011°							
	>	280°	32	108	081°			24					
	KMIV					012°							
	>	280°	32	108	160°			23					
	KWWD					012°							
	>	280°	32	108	267°			45					
	KRJD					011°							
									Total Distance				
									Total Time				

4 And through the magic of Excel



Aircraft	308RV		Blue: User Entry										Starting Fuel:	16
			Green: Calculated										Gals/hr	5
Frequency Runway(s)	Waypoint	Wind Direction	Wind Speed	Air Speed	True Crs	True Hdg	Mag Hdg	Gd Spd (kt)	Distance (nm)	Est Time Leg (0.0 hrs)	Act Time Leg	Est fuel used		
					WCA	Var				Est Time Remain	Act Time Remain	Est fuel remain		
	KRJD													
	>	280°	32	108	005°	348°	359°	100	52	0.5		2.6		
	N57				-017°	011°				1.2		13.4		
	>	280°	32	108	165°	181°	192°	118	33	0.3		1.4		
	38N				016°	011°				0.9		12.0		
	>	280°	32	108	081°	075°	087°	138	24	0.2		0.9		
	KMIV				-006°	012°				0.8		11.1		
	>	280°	32	108	160°	175°	187°	120	23	0.2		1.0		
	KWWD				015°	012°				0.6		10.2		
	>	280°	32	108	267°	271°	282°	77	45	0.6		2.9		
	KRJD				004°	011°				0.0		7.3		
									Total Distance	177				
									Total Time	1.7				

# Items to gather

- ▶ True heading
- ▶ Leg distances
- ▶ Magnetic variation
- ▶ Wind speed and direction
- ▶ Communications frequencies
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- ▶ Runway length(s)
- ▶ Services (especially fuel)

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Welcome KATHY A HARKNESS

Mon Mar 16 17:16:22 EDT | 21:16:22 Z

### Featured Capabilities

**NextGen Briefing**



**Interactive Map**



**Automated Voice Service**



**SMS Text Message Service**



Latest Features & Enhancements

### Resources

Service Provider Integration

How-To Videos

Student Pilot Journey Poster

### News & Announcements

March 3, 2026

#### What's New: A More Powerful Interactive Map

A More Capable Interactive Map

[READ MORE >](#)

February 24, 2026

#### Airshow Season Is Around the Corner; Let's Make Weather Your Wingman

As airshow season approaches, pilots across the country are gearing up for fly-ins, formation flights, and busy airspace filled with excitement and energy. Whether you're heading to a major event like Oshkosh or a smaller local show, one thing remains constant: the success of your trip depends heavily on weather awareness and sound decision-making.

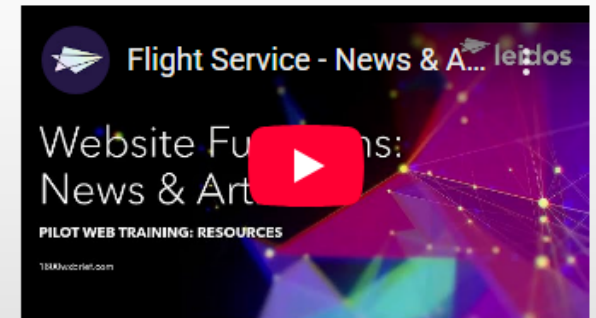
[READ MORE >](#)

January 27, 2026

### Upcoming Events

There are no upcoming events.

### Featured Video





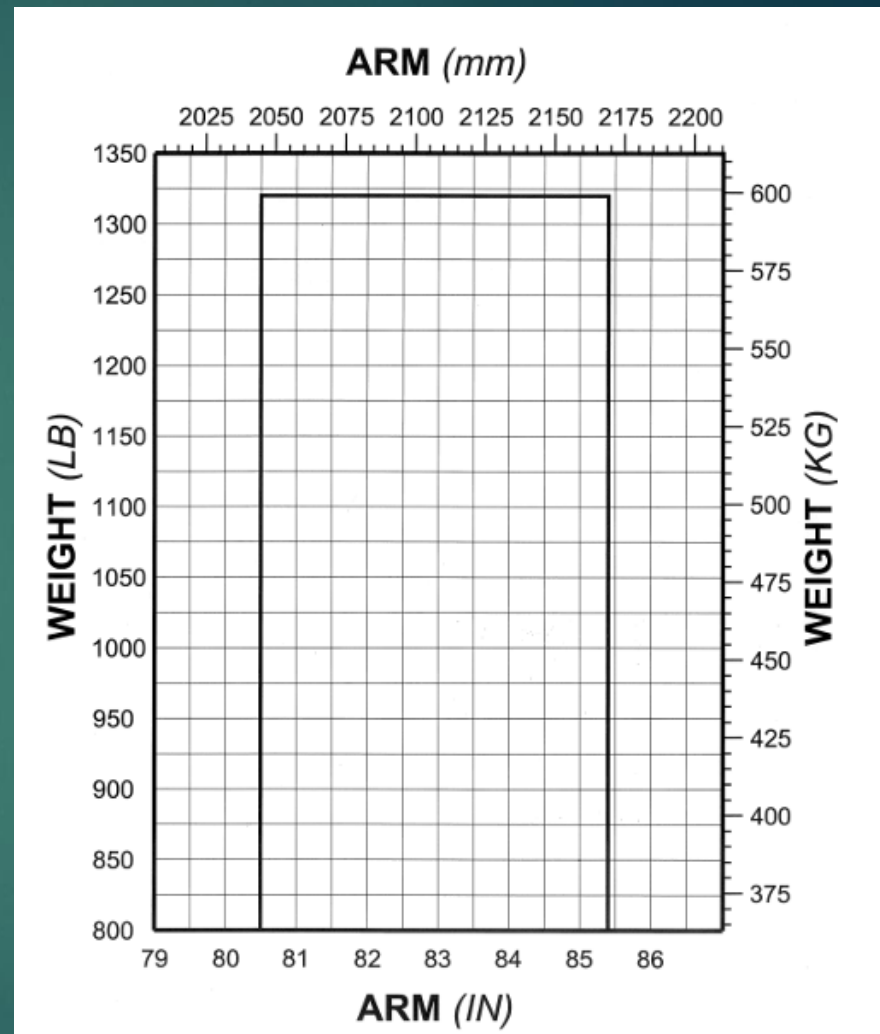
# Steps for a great flight

- ▶ Check weight and balance
- ▶ Review takeoff and landing distances
- ▶ File a flight plan if desired

**YOUR AIRPLANE**

ITEM	ARM (IN.) (LIMITS 80.49- 85.39)	WEIGHT (LB)	MOMENT (IN-LB)
EMPTY WEIGHT WITH OIL & COOLANT			
PILOT	78.85		
PASSENGER	78.85		
BAGGAGE	110.81		
FUEL (6 LB/GAL)	110.28		
TAKEOFF WEIGHT & MOMENT			

CG - TOTAL MOMENT / WEIGHT



Item	Weight	Arm	Moment		Maximum
Empty Weight (lbs)	785.5	80.54	63264.17		
Pilot (lbs)	170	78.85	13404.5	<-----	300 lbs
Passenger (lbs)	220	78.85	17347	<-----	300 lbs
Baggage (lbs)	30	110.81	3324.3	<-----	50 lbs
Fuel (gals)	18	110.28	11910.24	<-----	22 gals
Total Weight	1313.5			<-----	1320 lb
Total Moment	109250.2				
CG	83.17488			forward limit	80.49
				aft limit	85.39

# Steps for a great flight

- ▶ Check weight and balance
- ▶ Review takeoff and landing distances
- ▶ File a flight plan if desired

### TAKE-OFF & CLIMB PERFORMANCE @ 1320lb

PRESS ALTITUDE (FT)	TEMP (°F)	TAKE-OFF DISTANCE (FT)		MAX RATE OF CLIMB (FT/MIN)
		GROUND ROLL	50 FT OBSTCL	
SEA LEVEL	0	589	1091	1156
	20	641	1188	1069
	40	696	1291	985
	60	750	1397	906
	80	812	1519	831
	100	873	1647	758
2000	0	681	1263	1007
	20	742	1380	921
	40	805	1505	839
	60	871	1642	761
	80	939	1790	687
	100	1010	1954	616
4000	0	790	1474	858
	20	860	1619	774
	40	933	1777	693
	60	1010	1952	617
	80	1089	2150	544
	100	1171	2379	474
6000	0	917	1742	710
	20	999	1927	627
	40	1084	2138	548
	60	1173	2384	473
	80	1265	2680	401
	100	1360	3060	333
8000	0	1068	2097	562
	20	1163	2355	481
	40	1262	2671	403
	60	1365	3082	330
	80	1472	3678	259
	100	1583	4720	192

## LANDING PERFORMANCE – ZERO WIND

DENSITY ALTITUDE (FT)	APPROACH SPEED (KIAS)	LANDING DISTANCE (FT)	
		GROUND ROLL	50 FT OBSTCL
0	55	525	1550
2500	55	565	1615
5000	55	610	1695
7500	55	660	1770

### NOTES:

- 1) Decrease the distances shown by 10% for each 5 kts of headwind.
- 2) The data given is with flaps fully extended.

# Steps for a great flight

- ▶ Check weight and balance
- ▶ Review takeoff and landing distances
- ▶ Review preferred runways
- ▶ File a flight plan if desired

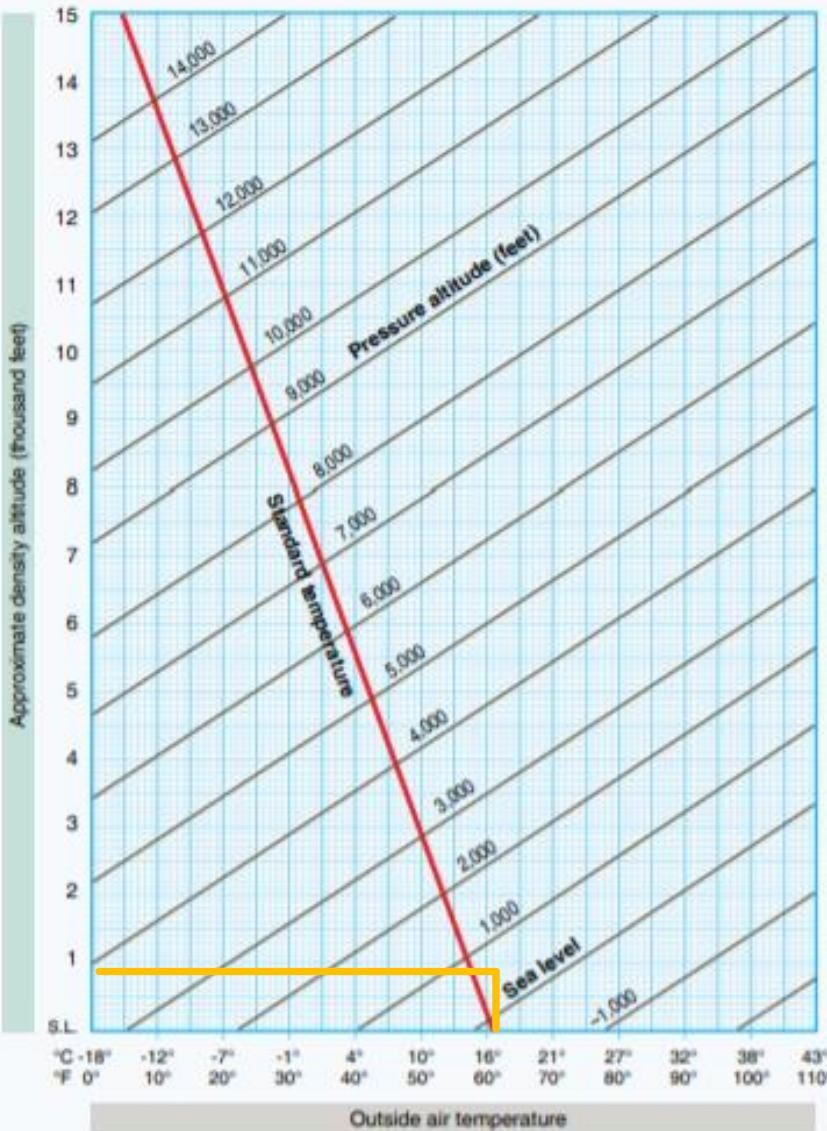
# Current conditions

- ▶ Temperature: 17 C°
- ▶ Pressure: 29.45 " Hg
- ▶ Wind direction 280° true
- ▶ Wind velocity: 18 gusting 32



# Pressure and density altitudes

DENSITY ALTITUDE CHART



Altimeter setting (°Hg)	Pressure altitude conversion factor
28.0	1,824
28.1	1,727
28.2	1,630
28.3	1,533
28.4	1,436
28.5	1,340
28.6	1,244
28.7	1,148
28.8	1,053
28.9	957
29.0	863
29.1	768
29.2	673
29.3	579
29.4	485
29.5	392
29.6	298
29.7	205
29.8	112
29.9	20
29.92	0
30.0	-73
30.1	-165
30.2	-257
30.3	-348
30.4	-440
30.5	-531
30.6	-622
30.7	-712
30.8	-803
30.9	-893
31.0	-983

PA conversion factor for 29.45:

$$(485-392)/2 = 11.5$$

$$392 + 11.5 = 404$$

Add 404 to field elevation at 38N:

$$404 + 18 = 422$$

Read DA from chart: ~ 800 ft.

## TAKE-OFF & CLIMB PERFORMANCE @ 1320lb

PRESS ALTITUDE (FT)	TEMP (°F)	TAKE-OFF DISTANCE (FT)		MAX RATE OF CLIMB (FT/MIN)
		GROUND ROLL	50 FT OBSTCL	
SEA LEVEL	0	589	1091	1156
	20	641	1188	1069
	40	696	1291	985
	60	750	1397	906
	80	812	1519	831
	100	873	1647	758
	2000	0	681	1263
20		742	1380	921
40		805	1505	839
60		871	1642	761
80		939	1790	687
100		1010	1954	616
4000		0	790	1474
	20	860	1619	774
	40	933	1777	693
	60	1010	1952	617
	80	1089	2150	544
	100	1171	2379	474
	6000	0	917	1742
20		999	1927	627
40		1084	2138	548
60		1173	2384	473
80		1265	2680	401
100		1360	3060	333
8000		0	1068	2097
	20	1163	2355	481
	40	1262	2671	403
	60	1365	3082	330
	80	1472	3678	259
	100	1583	4720	192

Even at the most pessimistic limit (PA 2000 ft, 50 ft obstacle)

The 2,600 ft runway at Smyrna is long enough.

## LANDING PERFORMANCE – ZERO WIND

DENSITY ALTITUDE (FT)	APPROACH SPEED (KIAS)	LANDING DISTANCE (FT)	
		GROUND ROLL	50 FT OBSTCL
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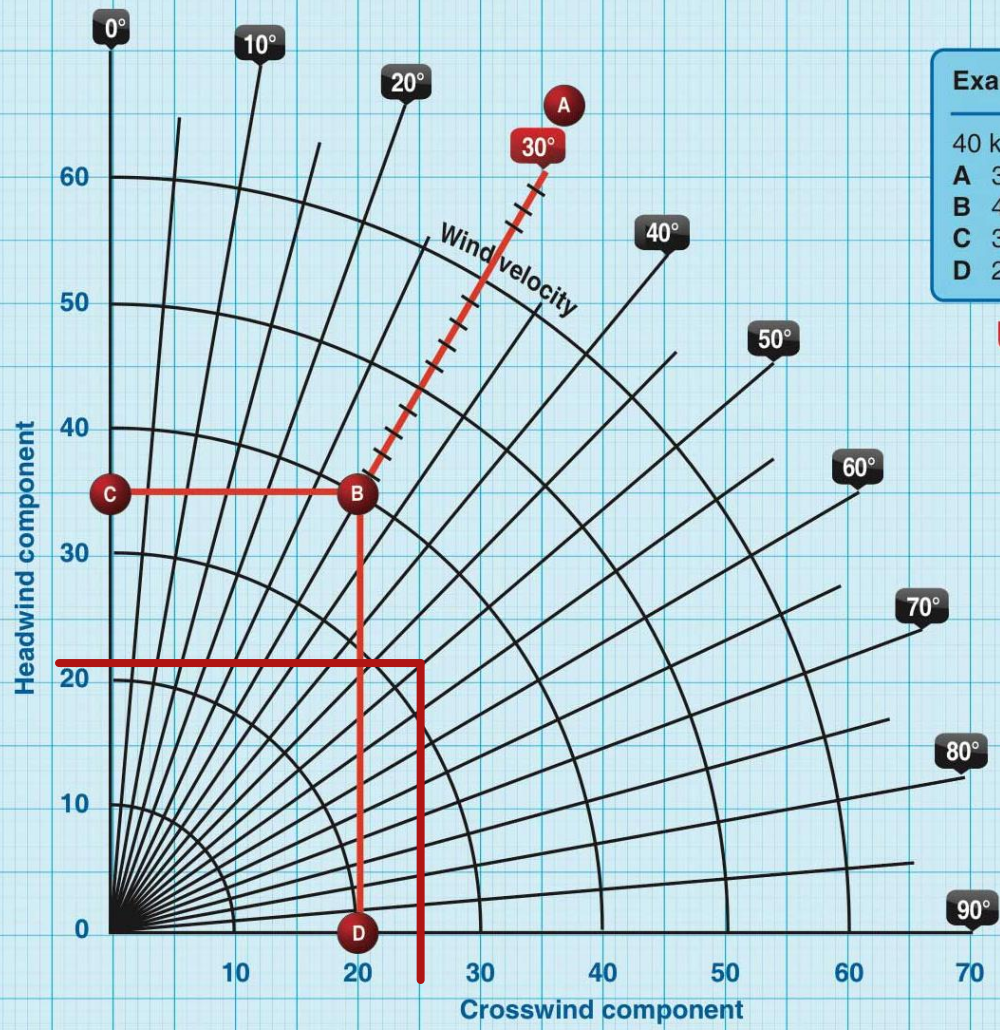
### NOTES:

- 1) Decrease the distances shown by 10% for each 5 kts of headwind.
- 2) The data given is with flaps fully extended.

Least favorable runway: 24  
at New Garden (N57)

280 true = 292 magnetic.

29 – 24 = 50 degree angle



**Example:**  
 40 knots wind at 30° angle  
 A 30° angle between wind and runway  
 B 40 knots total wind velocity  
 C 35 knots headwind component  
 D 20 knots crosswind component

**Use plastic overlay**

FIGURE 36.—Crosswind Component Graph.

# Steps for a great flight

- ▶ Check weight and balance
- ▶ Review takeoff and landing distances
- ▶ Review preferred runways
- ▶ File a flight plan if desired

# After you launch

- ▶ Execute ded reckoning per navlog
- ▶ Evaluate with pilotage and crosschecks at checkpoints
- ▶ Alter nav log as needed to account for unexpected conditions
- ▶ Listen to weather from nearby AWOS/ATIS
- ▶ Monitor 121.5 (Guard)

# After you land

- ▶ Note total time en route
- ▶ If refueling, note fuel added
- ▶ Alter nav log as needed to account for unexpected conditions

- ▶ Thursday March 19:
- ▶ Engines and electrical systems
- ▶ Machado Chapters 3 & 4
- ▶ Pilot's Handbook Chapter 7